

## **Julia Roberts**

### **Write Without the Fight: Free Your Writing From Doubt and Delay**

#### **2018 Erma Bombeck Writers' Workshop**

#### **Attendee Feedback**

I was most interested in Ms. Roberts' expertise on the subject of creativity. I took away from the session some of my own tendencies not only about the creative process, but also my reluctance sometimes in moving beyond the "idea" part of the process. Julia had a very relaxed style that was most appreciated. Her visuals were also very informative.

Julia was amazing. Personal, prepared, and I learned new things about my blocks.

I loved loved loved this session. Holy wow...it is helping me break through so many barriers to writing, and I've been more productive (in more ways than just writing) since the workshop than I have in months! Her presentation was engaging and fun, and the tip to ask "How might I..." instead of saying "I have to..." is life-changing. Truly. I've spread this around and so many of my friends are trying it now! This was a great, great session.

My friend had attended the Friday session and told me I wouldn't regret it. She wasn't wrong. It was amazing.

Julia is a great speaker — I found her info very enlightening and her presentation very engaging. I am already signing up for a personal consultation. I think this is very valuable for those of us starting on the journey very timidly — or even those who are now stuck.

Julia was excellent! I have used her "might" advice many times since that day in my writing as well as other areas of my life. I would go to a session by her in a heartbeat.

Oh, boy. This topic had so much potential. The workshop reminded me of my morning cup of coffee: I take a little bit of coffee with my cream. The seminar had some useful nuggets of material, but the frequency of "client testimonials" (yes, there were several on the screen, which she read out loud) and self-promotion throughout was uncalled for. The workshop had the feeling of an infomercial.

One of the best sessions by far. Julia helped me understand my own process so much better. She has so much insight to the creative process — being in this session made me feel like I was stealing proprietary information!

I didn't feel like there was a lot of meat to this session. It felt a little like a showcase for Julia's services. She was lovely, but there wasn't a lot of content that I felt like I could really use.

Very good class. Understand how creative minds work.

Julia presented info that was new to most of the attendees, but she did it in a way that was welcoming and human. I think everyone who went to her sessions felt like they'd learned something new that they could use.

Great insights into creativity. Julia is very engaging with the audience. I felt like we rushed through the material, and I would've liked more time with it.

Fascinating session (and helpfully eye-opening that I'm not alone in my writer's block) and will be talking to Julia to learn more about her process. It was a nice toe-dip into the concept but I need more to work with!

Julia was very good, and very entertaining at the same time.

Very interesting presentation of theory and ideas about creativity but short on tools to help us get around our hurdles.

Although Julia did promote her business a lot in this session, I found her knowledgeable and I thought she had good information about where different people have difficulty in the writing process. This is information I feel I will use.

Excellent! A real place to start in working through why you do what you do! Interesting as well to see how many others were in the same spot as you were, or coming from the same angles in how you worked — that of itself was helpful, too! No dearth of “aha” moments!

Very interesting to see the creative process broken down. I think it was an eye-opener for most attendees to see which "quadrant" was their primary area. Valuable insights which can be applied in writing and many other areas. Hoped to have a bit more direct advice as to conquering procrastination and writer's block, but she certainly offered a great start.

I learned so much from Julia Roberts and I came away with the word "might" engraved in my mind. I learned that so much of what I have been ignoring about the creative phase is important to me and that is a big reason why I have been stumped. My weaknesses, not to clarify and balking at implementing, have kept me from getting my writing "out there" and now I see things more clearly.

Very insightful, science-based content.